

# Grain yield and competitive ability against weeds in modern and heritage common wheat cultivars are differently influenced by sowing density

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## Abstract

Sowing density can have a strong impact on crop stand development during wheat growing cycle. In organic and low-input agriculture, and therefore with minimum or nil use of chemical herbicides, increased sowing density is expected to affect not only grain yield but also weed suppression. In this study we tested, under Mediterranean conditions, six common wheat cultivars (three modern and three heritage) and two three-component mixtures (arranged by combining the three modern or the three heritage cultivars). The different crop stands were tested at sowing densities of 250 (low) and 400 (high, similar to standard sowing density used by local farmers) viable seeds  $m^{-2}$  for two growing seasons. We did not detect a significant effect of crop stand diversity (single cultivars vs mixtures) on grain yield and weed suppression. Differences were ascribed to type of cultivars used (heritage vs modern). Compared to high sowing density, in modern cultivars grain yield did not decrease significantly with low sowing density, whereas in heritage cultivars it increased by 15.6%, possibly also because of 21.5% lower plant lodging. Weed biomass increased with low sowing density both in heritage and modern cultivar crop stand types. However, heritage crop stands

had, on average, a lower weed biomass (56%) than modern crop stands. Moreover, weed biomass in heritage crop stands at low density ( $6.82 \pm 1.50 \text{ g m}^{-2}$ ) was lower than that of modern cultivars at the same sowing density ( $15.54 \pm 3.35 \text{ g m}^{-2}$ ), confirming the higher suppressive potential of the former. We can conclude that lower sowing density can be advisable when using heritage crop stands as it keeps productivity while decreasing plant lodging and maintaining weeds under control.

## Introduction

Sowing density and, consequently, crop density is an important factor in determining the competitive ability of cereals against weeds (Doll *et al.*, 1995; Kristensen *et al.*, 2008) as well as the expression of their grain yield potential (Beavers *et al.*, 2008; Beres *et al.*, 2016; Li *et al.*, 2016). The crop density to grain yield relationship is not directly proportional. Grain yield depends on environmental (E) and genetic (G) factors, as well as on the  $G \times E$  interaction. In other words, yield is affected by trait plasticity, *i.e.* the compensatory ability of the crop to sustain yield by changing yield components. Sadras *et al.* (2009) reported how breeders face this issue in terms of difficulties to produce cultivars adapted to broad geographical areas due to  $G \times E$  interaction, whereas ecologists deal with the same type of problem from the perspective of phenotypic plasticity. The original idea of plant phenotypic plasticity goes back to Bradshaw (1965) who defined it as *the amount by which the expressions of individual characteristics of a genotype are changed by different environments*. Wheat yield components that participate in the expression of grain yield (fertile tillers  $m^{-2}$ , spikes  $plant^{-1}$ , kernels  $spike^{-1}$ , and kernel weight) are interdependent and can compensate for one another to stabilise yield as environmental conditions change (Reynolds *et al.*, 1996).

Crop density has a strong influence on weed suppression because it is linked with the expression of key traits for this agroecosystem service like ground cover and above ground biomass accumulation (Andrew *et al.*, 2015). For example in Doll *et al.* (1995), weed biomass was shown to be strongly dependent on crop density. In that experiment crop density affected more weed biomass than grain yield. Recent studies showed the potential increase of weed suppression ability in wheat by the combination of increased crop density and spatial uniformity (Olsen *et al.*, 2006; Kristensen *et al.*, 2008). Andrew and Storkey (2016) used simulation models to investigate the effects of sowing date and cultivar choice in relation to sowing density. This study showed that delayed sowing density, competitive cultivars and increased crop density work well in combination for increasing crop competitive ability against weeds. Beavers *et al.* (2008) suggested that seed density should be increased under organic and low-input farming for increasing crop competitive ability while maintaining

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grain yield and quality. Usually, with higher crop density weeds are suppressed better, due to lower inter-specific competition, although intraspecific competition within the wheat stand increases. If crop density is too high, this can result in lower harvest index, fewer kernels per spike, and lower kernel weight (Puckridge and Donald, 1967). At lower crop density, plants may produce more tillers resulting in similar numbers of spikes  $m^{-2}$  as it would be achieved with higher sowing density (Freeze and Bacon, 1990). In addition, Whaley *et al.* (2000) reported that in some cases low density prevented lodging of the crop, without an increase or even with a decrease of weed biomass, resulting in increased harvest index. These examples show that dense planting does not necessarily increase wheat grain yield.

Cultivar type is another important aspect that influences weed suppression. In several studies, heritage cultivars resulted more competitive against weeds than modern cultivars because of higher plant height, biomass accumulation, tillering and soil cover (Korres and Froud-Williams, 2002; Mason *et al.*, 2007; Hoad *et al.*, 2012; Ruisi *et al.*, 2015).

Higher diversity in the crop stand can have as well an effect on weed suppression (Kaut *et al.*, 2009) and on intraspecific competition at crop stand level (Fang *et al.*, 2011). To date, the effect of cultivar mixtures on weed suppression has not been studied in depth despite being an interesting aspect to investigate in the framework of integrated weed management (Kaut *et al.*, 2009). We tested, under Mediterranean conditions, six cultivars (three modern and three heritage) and two three-component mixtures (arranged by combining the three modern or the three heritage cultivars) at low (250) or high (400 viable seeds  $m^{-2}$ ) sowing density for two growing seasons. The high sowing density roughly corresponds to the standard one used by local farmers. The experiment was conducted in simulated organic conditions with no use of herbicides and fungicides, under natural weed pressure.

With this experiment, we tested the hypothesis that the effect of lower sowing density on grain yield might change with type of cultivars (heritage vs modern) and crop stand diversity (cultivar vs mixture).

## Materials and methods

### Study site and experimental design

A field trial was replicated across two growing seasons (2013/14 and 2014/15). The experiment was carried out at the Interdepartmental Centre for Agri-environmental Research (CIRAA) of the University of Pisa, (43°41'02.8"N, 10°20'35.0"E) on an alkaline loamy soil (Table 1). No herbicide, fungicide and mineral fertiliser was applied for simulating the typical conditions of organic management. The organic fertiliser NUTEX (*i.e.* pelleted manure with 3% N and 3%  $P_2O_5$ ) was incorporated into the soil

before sowing in the dose of 1 t  $ha^{-1}$ . In the first year, the experiment was sown as wheat re-crop preceded by a five-year lucerne (*Medicago sativa* L.) ley. In the second year, wheat followed a pigeon bean (*Vicia faba* L. var. *minor*) crop. Seedbed was prepared by ploughing at 25 cm depth and subsequent disc harrowing at 7 to 10 cm depth.

Wheat was sown on 14 November 2013 and 30 October 2014. The experiment was harvested on 2 July 2014 and 30 June 2015. Total rainfall from sowing to harvest was 986 mm in the first year and 891 mm in the second. The minimum temperature ranged from 1 to 16°C in the first year and from 0.7 to 11°C in the second. The maximum temperature ranged from 12 to 29°C and from 11 to 30°C in the first and second year respectively.

The experiment was organised in a randomised complete block design with three replicates. Wheat was mechanically sown in 1.5 × 7 m plots in 15 cm spaced rows. Six Italian varieties (Table 2) of common wheat (*Triticum aestivum* L.) were arranged in the 16 treatments (Table 3).

The experiment addressed three factors: i) sowing density (DEN), comparing a high density (HIGH) of 400 seeds  $m^{-2}$  to a low density (LOW) of 250 seeds  $m^{-2}$ ; ii) crop stand diversity (DIV), comparing single stands of the six cultivars (VAR) with mixtures of the three heritage or of the three modern cultivars (MIX); iii) cultivar type (TYP), comparing heritage (HER) to modern (MOD) cultivars (Table 3).

The choice to not mix cultivars of the two types was taken to obtain a uniform end-use quality, and, as such, test mixtures more easily usable either by farmers and millers.

Seeds of the heritage cultivars Autonomia A and Gentil Rosso were provided by *Terre Regionali Toscane* (Tuscany Region local germplasm seed-bank), while seeds of cv. Verna were provided by the organic farm *Il Cerreto* [Pomaranze (PI), Italy]. All modern cultivars were provided by the breeding companies that commercialise them. Cultivars were selected based on their differing growth traits: cv. Autonomia A, Gentil Rosso and Verna are tall (111–135 cm) heritage varieties whereas cv. Albachiara, Blasco and Bolero are relatively dwarf (61–72 cm) modern varieties.

### Data collection

Yield and yield components (Table 4) were measured at physiological maturity (BBCH GS92) (Meier *et al.*, 2009). Crop lodging percentage was visually assessed in each plot just before harvest. Above ground weed biomass was collected three times per year: at the end of winter (BBCH GS 30), in spring (BBCH GS 60/69) and at crop physiological maturity (BBCH GS 92). Biomass sampling was performed in one quadrat per plot of 25 × 30 cm for the first sampling, 45 × 50 cm for the second, and 1 × 1 m for the third sampling. Dry biomass weights were obtained by oven-drying samples at 60°C for the first sampling and 100°C for the other samplings until constant weight. Crop biomass, final crop height and leaf area index (LAI) were measured as traits linked to weed suppression possibly affected by sowing density (Table 5).

**Table 1. Soil properties of the experimental fields used in 2013/14 and 2014/15.**

	pH	Conductivity (microS)	CSC (meq 100 $g^{-1}$ )	Total N* (mg $kg^{-1}$ )	Organic matter <sup>o</sup> (%)	P <sup>#</sup> (ppm)	Clay (%)	Silt (%)	Sand (%)
2013/14	8.03	101.17	2.97	1.43	2.03	6.32	17.51	47.54	34.95
2014/15	8.15	85.20	2.22	1.77	2.64	7.39	27.40	38.14	34.46

CSC, cation-exchange capacity; N, nitrogen; P, phosphorus. \*Kjeldahl method; <sup>o</sup>Walkley-Black method; <sup>#</sup>Olsen method.

## Data analysis

All statistical analyses were conducted using R environment for statistical computing, version 3.3.1 (R Core Team, 2016). A cumulative analysis of variance (ANOVA) for each explanatory variable was performed using a mixed effect model. The model was formulated as:

$$Y_{ijkl} = \mu + \text{DEN}_i + \text{TYP}_j + \text{DIV}_k + (\text{DEN:TYP})_{ij} + (\text{DEN:DIV})_{ik} + (\text{TYP:DIV})_{jk} + (\text{DEN:TYP:DIV})_{ijk} + \text{YEAR/BLOCK/CV}_1 + \varepsilon_{ijkl}$$

Eq. 1

**Table 2. Wheat cultivars used in the experiment.**

	Wheat cultivar	Type of cultivar
1	Albachiara	Modern
2	Blasco	Modern
3	Bolero	Modern
4	Gentil Rosso	Heritage
5	Autonomia A	Heritage
6	Verna	Heritage

**Table 3. Field experiment treatments and codes.**

Code	Cultivar(s)	Sowing density	Crop stand diversity	Cultivar(s) type
ALB	Albachiara	High	Cultivar	Modern
BLA	Blasco	High	Cultivar	Modern
BOL	Bolero	High	Cultivar	Modern
GRO	Gentil Rosso	High	Cultivar	Heritage
AUT	Autonomia A	High	Cultivar	Heritage
VER	Verna	High	Cultivar	Heritage
MX_MOD	Albachiara+Blasco+Bolero	High	Mixture	Modern
MX_HER	Autonomia A+Gentil Rosso+Verna	High	Mixture	Heritage
ALB	Albachiara	Low	Cultivar	Modern
BLA	Blasco	Low	Cultivar	Modern
BOL	Bolero	Low	Cultivar	Modern
GRO	Gentil Rosso	Low	Cultivar	Heritage
AUT	Autonomia A	Low	Cultivar	Heritage
VER	Verna	Low	Cultivar	Heritage
MX_MOD	Albachiara+Blasco+Bolero	Low	Mixture	Modern
MX_HER	Autonomia A+Gentil Rosso+Verna	Low	Mixture	Heritage

**Table 4. Yield and yield components measurements.**

Character	Sampling	Measurement
Grain yield	One 1 × 1 m quadrat	100°C Oven-drying until constant weight
Number of seedlings m <sup>-2</sup>	Three 25 × 30 quadrats one month after sowing	Number of seedlings m <sup>-2</sup>
Number of tillers plant <sup>-1</sup>	Three 25 × 30 quadrats for tillers' number	Number of tillers m <sup>-2</sup> /number of seedlings m <sup>-2</sup>
Number of fertile tillers plant <sup>-1</sup>	One 1 × 1 m quadrats for spike number	Number of spikes m <sup>-2</sup> /number of seedlings m <sup>-2</sup>
Number of seeds spike <sup>-1</sup>	10 random spikes plot <sup>-1</sup>	Count of seeds spike <sup>-1</sup>
Number of fertile spikelets spike <sup>-1</sup>	10 random spikes plot <sup>-1</sup>	Count of fertile spikelets spike <sup>-1</sup>
Thousand kernel weight	3 samples of 100 seeds from the combine harvested grain	Weight (g)

**Table 5. Traits related to weed suppression and details of sampling and measurement.**

Trait	Sample	Measurement
Crop biomass	25 × 30 cm quadrat at end of tillering	Oven dried above ground biomass until constant weight (g)
Crop biomass	45 × 50 cm quadrat at flowering	Oven dried above ground biomass until constant weight (g)
Crop biomass	1 × 1 m quadrat at harvest	Oven dried straw biomass until constant weight (g)
Leaf area index	In April and May, average of three readings per plot	Indirect measure with a SunScan Canopy analyser (Delta-T Devices Ltd, Cambridge, UK)
Plant height	10 random plant per plot at harvest	Cm from the base of the culm to the end of the spike (excluding awns)

where  $Y_{ijkl}$  is the variable value for the sowing density  $i$  (DEN<sub>*i*</sub>), type of cultivar in the crop stand  $j$  (TYP<sub>*j*</sub>), crop stand diversity  $k$  (DIV<sub>*k*</sub>). DEN:TYP, DEN:DIV and TYP:DIV represent the first order interactions factors, whereas DEN:TYP:DIV represents the second order interaction among the three factors. The factor YEAR/BLOCK/CV nests each cultivar in each block in each year.

In the model,  $\mu$  represents the grand mean and  $\varepsilon_{ijkl}$  is the residual error. The model was run with DEN, TYP, DIV and the related interactions as fixed effects. The grouping factor YEAR/BLOCK/CV was used as random effect. Count data were analysed with a generalised linear mixed model using the Poisson distribution and continuous variables were analysed with linear mixed model. Both analyses were run by using R/lme4 (Bates *et al.*, 2015). When the requirements for the linear model for continuous variables were not met, we used a generalised linear mixed model with Gaussian distribution and logarithm link function. A backward selection was applied, using the function *step()* in R/lmerTest (Kuznetsova *et al.*, 2016) for the linear mixed models and *dredge()* in R/MuMIn (Barton, 2016) for the generalised linear mixed model in order to identify the significant factors and interactions. Non-significant fixed factors were retained in the final model when they were part of a significant interaction. Likelihood ratio tests (LRT) of the final model for each variable are presented for showing the significance of the retained fixed effects and interactions. Appropriate post-hoc tests were run in R/lsmmeans (Lenth, 2016) for each final model according to the fixed effects kept in the model.

## Results

### Effect of sowing density on tiller number, plant and spike density

Sowing density affected tiller number, plant and spike density along the growing season. In low density, seedlings were planned 37.5% lower compared to high density. The average actual difference in terms of emerged seedlings between sowing densities was 34.5%, not distinguishable from what planned (t-test 95% confidence interval [29.8, 39.2]). This difference was not affected by type or diversity of the crop stand, but the difference decreased significantly to 4.6% at the end of tillering phase (t-test 95% confidence interval [0.0, 12.3]). However, at harvest, spike number was 13.4% lower under low density (t-test 95% confidence interval [8.3, 18.4]). The number of tillers per plant was 49.2% higher under low density ( $2.97 \pm 0.26$  vs  $1.99 \pm 0.26$  at high density) (Table 6). We detected a significantly higher tiller number per plant in heritage cultivars ( $2.76 \pm 0.27$  vs  $2.21 \pm 0.27$  in modern cultivars) (Table 6). The number of fertile tillers per plant was higher at low density ( $1.26 \pm 0.18$  vs  $0.94 \pm 0.18$  at high density) (Table 6). In contrast, there was no significant effect of cultivar type on number of spikes per plant. No effect of diversity was detectable for these traits. Neither the number of tillers per plant nor number of spikes per plant levelled completely the starting plant density condition.

### Yield and yield components

Grain yield was differently influenced by sowing density in the two types of cultivars (significant density by type interaction) (Table 7). We did not detect any effect of crop stand diversity on yield. Modern cultivars produced more than heritage cultivars with a negligible difference between the two sowing densities (Figure 1).

Heritage cultivars had a higher grain yield at low density (Figure

1).

Given the lower number of spikes  $m^{-2}$  at low density, to explain these results we need to look at the data on yield components. The number of seeds  $spike^{-1}$  was affected by sowing density (Table 8). The interaction DEN:DIV was statistically significant even if the difference between mixture and variety was not significant neither at high nor low density ( $P=0.008$ ) (Table 8). The number of seeds  $spike^{-1}$  was on average 12% higher at low density (Figure 2).

The number of seeds  $spike^{-1}$  increased at low density because of

**Table 6. Likelihood ratio test for fixed factors and interactions in the retained model for number of tillers and fertile tillers per plant.**

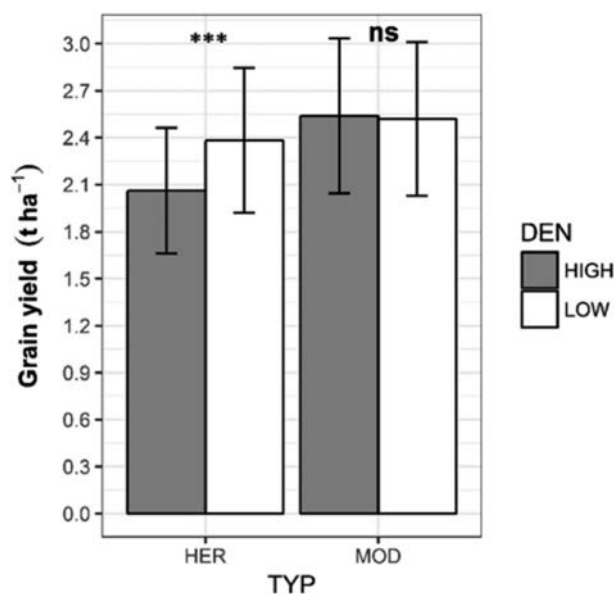
	Factor	$\chi^2$	P
Number of tillers $plant^{-1}$	DEN	39.17	0.000***
	TYP	10.43	0.001**
Number of fertile tillers $plant^{-1}$	DEN	41.82	0.000***

DEN, sowing density; TYP, type of cultivars. \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ .

**Table 7. Likelihood ratio test for fixed factors and interactions in the retained model for grain yield.**

Factor	$\chi^2$	P
DEN	9.16	0.002**
TYP	4.51	0.03*
DEN:TYP	11.23	0.0008***

DEN, sowing density; TYP, type of cultivars; DEN:TYP, density by type interaction. \* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ .



**Figure 1. Predicted marginal means for grain yield. Significance of the factor sowing density (DEN) within each type of cultivar (TYP) is reported on the graph. HER, heritage cultivars; MOD, modern cultivars. Bars are standard errors of the means as calculated by R/lsmmeans on the retained model for grain yield. \*\*\* $P < 0.001$ ; ns, non significant.**



an increase in the number of fertile spikelets spike<sup>-1</sup> (Table 8 and Figure 3).

In our experiment, the thousand-kernel weight was not influenced by diversity of the crop stand. Heritage cultivars had higher thousand-kernel weight compared to modern cultivars (P=0.01). In the heritage cultivars the thousand-kernel weight was 5.5% lower at high density (P=0.009).

The percentage of plant lodging was studied only in the heritage cultivars in order to test for the effect of sowing density and crop stand diversity. Modern cultivars were not included in this analysis because they never showed any lodging. In heritage cultivars, plant

**Table 8. Likelihood ratio test for fixed factors and interactions in the retained model for seeds spike<sup>-1</sup> and fertile spikelets spike<sup>-1</sup>.**

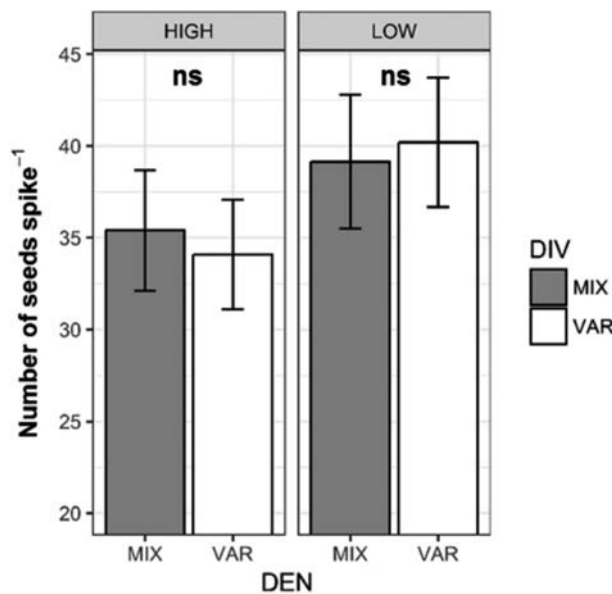
	Factor	$\chi^2$	P
Seeds spike <sup>-1</sup>	DEN	118.76	0.000***
	DIV	0.02	0.89 (ns)
	DEN:DIV	7.00	0.008**
Fertile spikelets spike <sup>-1</sup>	DEN	10.80	0.001**

DEN, sowing density; DIV, crop stand diversity; DEN:DIV, interaction sowing density to crop stand diversity. \*\*P<0.01; \*\*\*P<0.001; ns, not significant.

**Table 9. Likelihood ratio test for fixed factors and interactions in the retained model for weed biomass at harvest.**

Factor	$\chi^2$	P
DEN	8.98	0.003**
TYP	11.41	0.007***

DEN, sowing density; TYP, type of cultivars. \*\*P<0.01; \*\*\*P<0.001.

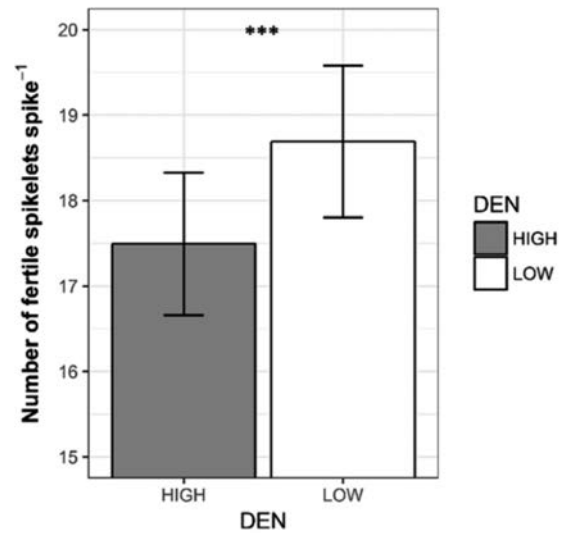


**Figure 2. Predicted marginal means for number of seeds spike<sup>-1</sup>. Significance of the factor crop stand diversity (DIV) within each sowing density (DEN) is reported on the graph. DEN, sowing density (LOW, low density; HIGH, high density); DIV, crop stand diversity (VAR, single cultivar; MIX, cultivar mixture). Bars are standard errors of the means as calculated by R/lsmmeans on the retained model for number of seeds spike<sup>-1</sup>. ns, not significant.**

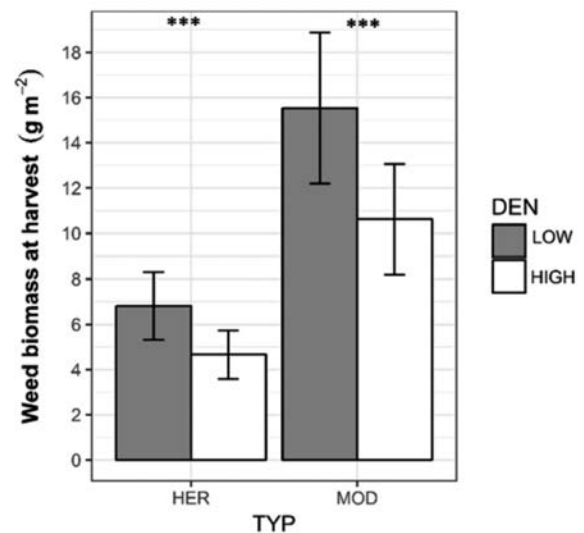
lodging decreased from 32.3±5.1% at high density to 10.8±11.1% at low density.

### Traits related to wheat competitive ability against weeds

Weed biomass was not affected by any of the three factors under study on the first two sampling dates (5.16±0.55 and 7.83±0.59 g m<sup>-2</sup> in average), whereas significant differences emerged at harvest (Table 9). Weed biomass was on average 46% higher at low density (10.29±1.90 vs 7.04±1.39 g m<sup>-2</sup> at high density) (Figure 4). On



**Figure 3. Predicted marginal means for number of spikelets spike<sup>-1</sup>. DEN, sowing density (LOW, low density; HIGH, high density). Bars are standard errors of the means as calculated by R/lsmmeans on the retained model for number of fertile spikelets spike<sup>-1</sup>. \*\*\*P<0.001.**



**Figure 4. Predicted marginal means for weed biomass at harvest. Significance of the factor sowing density (DEN) within each type of cultivars (TYP) is reported on the graph. LOW, low density; HIGH, high density; HER, heritage cultivar(s); MOD, modern cultivar(s). Bars are standard errors of the means as calculated by R/lsmmeans on the retained model for weed biomass at harvest. \*\*\*P<0.001.**

average, weed biomass was 56% lower in the heritage cultivars ( $5.64 \pm 1.23$  vs  $12.85 \pm 2.77$  g m<sup>-2</sup> in the modern cultivars) (Figure 4). Total aboveground wheat biomass was not influenced by sowing density at the first two sampling dates ( $237.75 \pm 8.63$ ,  $859.6 \pm 30.95$ ). At harvest, wheat straw was higher at high density ( $620.25 \pm 149.67$  vs  $553.13 \pm 149.67$  at low density). Plant height was unaffected by sowing density. As expected, plant height was largely higher (86%) in heritage cultivars ( $135.6 \pm 2.8$  cm vs  $73.1 \pm 2.8$  cm in modern cultivars). The LAI measured in May and June was 24% and 14% lower at low than at high density respectively ( $1.49 \pm 0.61$  vs  $1.96 \pm 0.61$  in May and  $2.02 \pm 1.02$  vs  $2.35 \pm 1.02$  in June). In June, LAI was 59.2% higher in heritage than in modern cultivars ( $2.69 \pm 1.02$  vs  $1.69 \pm 1.02$ ).

## Discussion

Low sowing density of 250 viable seeds m<sup>-2</sup>, 37.5% less than the local standard density of 400 viable seeds m<sup>-2</sup>, affected crop stand development all over both growing seasons. Thanks to the well known plasticity of grain yield, the production did not decrease at moderate lower sowing density of our experiment as it was also observed in previous studies (Faris and De Pauw, 1980; Freeze and Bacon, 1990; Puckridge and Donald, 1967; Reynolds *et al.*, 1996; Spink *et al.*, 2000). In the case of heritage cultivars, grain yield even increased with sparser crop stand.

This depended partly by a higher number of tillers per plant and a higher survival of such tillers to produce fertile spikes at low density. The increase in number of fertile spikelets per spike was the other powerful yield component adjustment that buffered the production in the modern cultivars and increased it in the heritage cultivars. This effect was coupled with the increase in the number of seeds per spike. An increase in the values of this parameter to counterbalance the lower number of spikes m<sup>-2</sup> is in accordance with previous studies on the effect of sowing density in wheat (Bustos *et al.*, 2013; Li *et al.*, 2016).

No significant effect of density was detected in terms of thousand-kernel weight for modern cultivars. In the heritage cultivars, the thousand-kernel weight was only 5.5% lower at high density. The increase in seeds per spike was mainly determined by the higher fertility of the basal spikelets, otherwise sterile. The increased fertility of basal spikelets (Li *et al.*, 2016), together with higher lodging at high density for heritage cultivars, may explain the results in terms of higher thousand-kernel weight at low density for heritage cultivars.

Due to the effects detected on number of tillers/spikes per plant, number of seeds per spike and thousand-kernel weight, grain yield did not decrease significantly or even increased at low density. However, the weed pressure at low sowing density was stronger both in heritage and modern cultivars. The increase of weed biomass was coupled with the decrease of soil cover at low density. This effect was evident for both types of cultivars. Still, at low density weed biomass in heritage cultivars was lower than that of modern cultivars. Weed infestation in the two years was rather low (maximum weed biomass at harvest:  $12.85 \pm 2.77$  g m<sup>-2</sup> in modern cultivars). As a consequence, despite our results on weed biomass at harvest were statistically robust, conclusions on the effects of sowing density and cultivar type on weed suppression should be drawn with caution because these effects would need to be confirmed in situations characterised by higher weed infestations. Nevertheless, our results are in accordance with previous studies that showed a higher suppressive ability by heritage cultivars

(Lemerle *et al.*, 1996; Mason and Spaner, 2006) and indicate that this effect can be evident even when the weed pressure is not very high. In our study, lower sowing density decreased crop lodging in the heritage cultivars. Our results show a non-influential effect of crop stand diversity on the response to low sowing density. This result may be due to the type of cultivar mixtures tested. The main differences ascribed to sowing density in our experiment are due to the type of cultivar (modern vs heritage) but the two mixtures tested are homogeneous for this factor because the cultivars of the two types were not mixed in order to keep a uniform end-use quality. Our results show that, even if this strategy might be suitable for exploiting some benefits of functional biodiversity (*e.g.* resistance to leaf diseases) this is not the case for all agroecosystem services of interest. Choosing the right level of wheat trait heterogeneity in planning diverse crop stands remains a challenge for expanding the use of cultivar mixtures.

## Conclusions

Our results indicate as well that the practice of reducing wheat stand density where heritage cultivars are used could instead be appropriate under organic and low-input conditions, also thanks to the considerable reduction in crop lodging.

Given the effects detected on yield and weed biomass for the type of cultivar, our study indicates that lower sowing density might not be appropriate in organic or low-input agriculture where modern cultivars are used because of the increase in weed pressure. Even if in our case this did not turn into a significant reduction in grain yield, likely also because of the relatively low weed infestation level, systematic application of this strategy seems not advisable even in the best weed management conditions because it would increase the weed seedbank, a risky outcome in systems where herbicides cannot be used.

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